

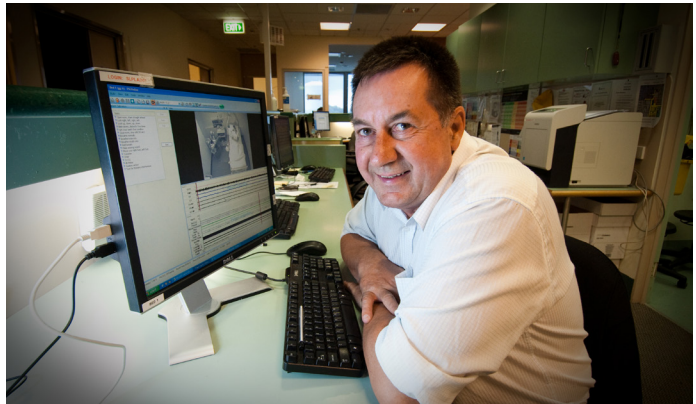
SLEEP PSYCHOLOGY AT BENDIGO SLEEP LAB

Bendigo Sleep Lab are proud to announce that we have a new service available to the Central Victorian community; Onsite Specialised Sleep Psychology Services.

▶ Meet Professor Gerard Kennedy. Another specialist in the Sleep Medicine field available and offering bulk billed consultations to those with a GP Mental Health Care Plan.

Prof Kennedy can help with:

- Insomnia (can't get to sleep)
- Sleep onset issues
(takes a long time to get to sleep)
- Maintenance of sleep issues
(wake and can't get back to sleep)
- Circadian rhythm disorders
- CPAP therapy adherence
- Anxiety about sleep



Prof. Gerard A. Kennedy

BBSc (Hons), PhD, Grad Dip Mntl Hlth Sci (Clin Hypn), MAPS

Clinical Psychologist & Hypnotherapist Sleep Disorders Specialist

Professor Gerard A. Kennedy has developed expertise in the diagnosis and treatment of sleep disorders over 24 years of practice as a senior clinical psychologist in the Department(s) of Respiratory and Sleep Medicine at Austin Hospital and Monash Medical Centre.

Professor Kennedy maintains a strong research program in sleep and circadian rhythms, and other areas of psychology and has published over 200 articles and given many presentations at conferences, to the media and to community organizations. Many of the papers and presentations Professor Kennedy has done have been on issues related to sleep and health psychology.

Ph: 0418 312 160

Email: gerardakennedy@bigpond.com

